**LMS Spartans**

**2023 Cross Country**

**Updated: August 31, 2023**

**Date Opponent Location Departure Return**

**9/9 Seaport Invite Beachview Park 7:45am 12:30pm**

**Clarkston, WA**

**9/13 Lancer Invite Beachview Park 3:00pm 7:00pm**

**Clarkston, WA**

**9/19 LMS Spartan Invite Sunnyside Park 3:15pm 6:15pm**

**Pullman, WA**

**9/26 Cub Invite Moscow Elks 3:00pm 6:00pm**

**Golf Course**

**Moscow, ID**

**9/30 Battle for the 509 Spokane Polo Club 6:30am 12:00pm**

**Spokane, WA**

**10/7 Inland Empire LCSC XC Course TBA**

**Lewiston, ID**

**10/13 Bi-State Beachview Park 2:00pm 7:30pm**

**Championships Clarkston, WA**

**Visit https://www.athletic.net/ for meet results and starting times.**

**Head coach: Adrian Benitez**

**Assistant coach: Johanna Erickson, TBA**